

FROM 3/16/24 TO 3/23/24



**THIS WEEK**  
*à La Giettaz en Aravis*

*Our  
Favourite* 

**FIRESIDE VIGIL: STORIES OF  
YESTERYEAR WITH MUSIC**

**WEDNESDAY 20 MARCH**



## WELCOME TO LA GIETTAZ EN ARAVIS

As part of our quality procedures and in order to improve our services, we invite you to fill in our satisfaction survey.



## CODE OF RESPECT FOR NATURE

Stay on the marked snowshoe trails. Do not feed wild animals. Let's respect the mountain and keep it clean.

## LEGENDE



Recommended for rainy weather



Accessible in a wheelchair



Special for families with children.

Under no circumstances can these activities be likened to an activity centre. The children are not under the responsibility of the Val d'Arly Tourist Office and remain the responsibility of the parents.



Family Extra

## YOUR TOURIST OFFICE IS COMMITTED TO AN ECO-RESPONSIBLE APPROACH :

- Reduce printing of weekly programmes in favour of flash codes,
- Eco-responsible goodies,
- Eco-cups made from mineral and plant biocomposites...

**HELP US TO CONTINUE OUR EFFORTS IN THIS DIRECTION**

*How can you help?*

*ABring your own cups to activities and events whenever possible, keep the slopes and trails clean,  
QRscan the programmes...*

*So that our resort remains as wonderful as ever!*

Follow us on :



La Giettaz Tourisme



@la\_giettaz  
#valdarly #lagiettaz #lagiett



ValdArlyMtBlanc



MrValdarly

## SATURDAY 16 MARCH

### SKI TOURING DISCOVERY OUTING

🕒 9 am-12 am 📍 Place du Croisse-Baulet, Le Plan

Go with the ESF to discover fabulous landscapes, where no one goes. No challenge to take up, no competitive spirit... Progressing towards the summits, absolute calm, returning to the powder snow... True freedom! Ski touring outings are also possible on other days, on request. Other days available on request.

€ Adult: 61 €

Equipment not provided - Subject to snow and weather conditions

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### LA TORRAZIENNE

🕒 6.0 pm 📍 Place du Croisse-Baulet, Le Plan

Departure from Le Plan at 1200m and arrival at the Tête du Torraz at 1930m with the 1930m Foodtruck to welcome you. 2 routes: dry ascent and family loop, organised by the "On s'Giett' Ensemble" association. Music, activities and craft market with 360° views. Reduced-price meal for runners.

€ Full price: 5 €

On presentation of a certificate of no contraindication to the practice of sport in competition.

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### "HORS LES MURS" TEMPORARY GALLERY WITH OXALÉA 🌂 ♿



*Is organized as part of: Street Art Festival*

🕒 All week long 📍 Office de Tourisme

Discover the creations of Léa, a young visual artist from Gignac, who creates paintings from plants that she collects herself with respect (arrangement of foliage, grasses or bark).

€ Free access.

Accessible during Tourist Office opening hours

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## SUNDAY 17 MARCH

### LIBRARY 🌂

🕒 10.30 am-12 am 📍 En face de l'Office de Tourisme

For your entertainment! You will find all sorts of books here: children's books, cartoon strips, novels, documentaries... You can borrow 3 books for 3 weeks (or for the duration of stay).

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## WELCOME DRINK

🕒 11 am 📍 Front de neige du domaine skiable

Welcome drink with a tasting of mulled white wine offered by the Val d'Arly Tourist Office, La Giettaz office. Presentation of the week's events and activities.

€ Free of charge.

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## MONDAY 18 MARCH

### CRAZY FAMILY PHOTO

🕒 10 am 📍 Office de Tourisme

Take part in this Crazy Family Photo. Grab your roadmap and set off on the adventure of this unique photo rally. Fun guaranteed! All photos must be sent by email to [info@la-giettaz.com](mailto:info@la-giettaz.com) before 12 noon on Thursday, with a prize in store!

€ Free of charge.

👤 From 5 years old

Parents must be present

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### GIANT CROSSWORDS ON THE HERITAGE OF LA GIETTAZ 🌂

🕒 4 pm-5.30 pm 📍 Office de Tourisme

Do you like word games and want to discover the heritage of La Giettaz in a fun way? Come and take up the challenge with your family. Real teamwork, you will have to solve the different crossword puzzles, suitable for all ages.

€ Free of charge.

👤 From 5 years old

Grids to be collected at the Tourist Office - To do with the family

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## TUESDAY 19 MARCH

### DISCOVERY OF API-THERAPY 🌂

🕒 10 am-10.30 am 📍 Espace bien-être "Le Basté" de la Destière

Apitherapy is used to relieve a wide range of ailments thanks to the benefits of honey and its by-products. Laure, a reflexologist, is offering a workshop to help you discover the virtues of honey, also known as "health food". Other days available on request.

€ One price: 8 €

👤 From 8 years old

Registration required

Limited to 15 pers.

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Tourist Office open Monday to Saturday : 9 a.m. to 12 p.m. and 2 p.m. to 6 p.m.

Sunday : 9 a.m. to 12 p.m. and 3 p.m. to 6 p.m.

Public holidays : 10 a.m. to 12 p.m. and 3 p.m. to 6 p.m.



## DISCOVERY OF LITHOTHERAPY ☂

🕒 11 am-11.30 am 📍 Espace bien-être "Le Basté" de la Destière

Reflexologist Laure invites you to discover lithotherapy, a technique that uses stones and crystals according to their composition and crystallisation to help the body rebalance itself energetically, physically and mentally. Other days available on request.

💶 One price: 8 €

👤 From 8 years old

*Registration required*

Limited to 15 pers.

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## GUIDED SNOWSHOE OUTING: SNOW-COVERED ALPINE PASTURES AND THEIR OLD CHALETs

🕒 2 pm-5 pm 📍 Les Puginières

Explore the snow-covered alpine pastures of the Aravis, old chalets... as well as the tracks of animals that live in the mountains and their clever adaptation to face the rigours of winter...

💶 Adult: 27 € - Child (7-11 years old) : 23 €

👤 From 7 years old

Equipment: warm clothing, gloves, "après-ski" shoes such as snow boots or large hiking boots, sunglasses and sun cream, backpack with water and small snacks. Snowshoes and poles are not provided.

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## DEMONSTRATION TO WAXING - SHARPENING OF SKIS ☂

🕒 3.0 pm 📍 Bibollet Montagne - Le Plan

Demonstration of waxing and sharpening of gliding equipment.

💶 Free of charge.

*Registration desired.*

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## LIBRARY ☂

🕒 5 pm-6.30 pm 📍 En face de l'Office de Tourisme

For your entertainment! You will find all sorts of books here: children's books, cartoon strips, novels, documentaries...

You can borrow 3 books for 3 weeks (or for the duration of stay).

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## BAROQUE-THEMED ACTIVITIES WITH THE FONDATION FACIM



*Is organized as part of: Savoie High Valleys Art and History Region*

🕒 5.30 pm-6.30 pm 📍 Saint-Nicolas-la-Chapelle - Eglise Saint Nicolas la Chapelle

Welcome to the Baroque church of St Nicolas la Chapelle: in the company of a guide-lecturer, retrace the history of the monument and discover the artistic techniques used, thanks in particular to a case presenting the tools of Baroque art.

💶 Free of charge.

👤 From 10 years old

Meet at the Church of Saint Nicolas la Chapelle.

Reservations must be made before midday on the day of the event.

Limited to 30 pers.

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## WEDNESDAY 20 MARCH

### COLD PORCELAIN MODELING WORKSHOP "LES BRICOLERIES DE NANIE" ☂

🕒 10.30 am-12 am 📍 Les Bricoleries de Nanie

Discover cold porcelain modelling : a clay that feels a bit like plasticine and which is therefore very easy to handle. It dries in the air and can be used to make all sorts of different things.

💶 One price: 20 €

👤 From 7 years old

*Registration by 6.00 p.m. the day before*

Limited to 4 pers.

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### MOUNTAIN CINEMA - CONFERENCE "LE GRAND MARAIS" ☂ ♿



🕒 5.30 pm 📍 Salle des fêtes

Discover the Tourbière des Saisies through the camera and the expert eye of directors and naturalists Clara and Thibaut Lacombe. Over the course of a year, you will follow animal and plant species as well as the users and managers of the large marsh.

💶 Free of charge.

30-minute film, followed by an exchange with Pascal, guard animator of the Natural Reserve of Saisies Beaufortain Val d'Arly.

*Registrations must be made no later than 4 p.m. on the same day.*

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## NIGHT-TIME SNOWSHOE OUTING AND SAVOYARD MEAL

🕒 6.30 pm 📍 Place du Croisse-Baulet, Le Plan

The ESF of La Giétaz proposes a night snowshoe hike with a Savoyard fondue in an old mountain chalet.

€ Adult: 47 € - Child (7 years old) : 40 € Meal included

👤 From 7 years old

Hiking or snowshoeing depending on snow conditions.

Equipment: warm clothing, gloves, "après-ski" shoes such as snow boots or heavy hiking boots, backpack with water.

Equipment not provided: sticks, snowshoes and headlamp.

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## WORKSHOP ON CREATING AN ARTISTIC HERBARIUM 🌿 ♿

🕒 10.30 am-12 am 📍 Salle Vittoz

Léa invites you to take part in an artistic workshop to create a herbarium using pre-pressed plants from the Val d'Arly. A moment of shared creativity, with a link to nature. Give free rein to your creativity and create your own picture, taking a touch of nature home with you.

€ Adult: 40 € - Child 35 € Equipment and frame supplied

👤 From 7 years old

*You must register no later than 6.00 p.m. the day before the event.*

Limited to 6 pers.

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## BELOTE AFTERNOON ☂

🕒 4 pm-6 pm 📍 Salle Vittoz

Julien, our station leader, will be hosting an afternoon of belote in a friendly atmosphere.

€ Free of charge.

*Registration by 12.00 noon on the same day*

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## FIRESIDE VIGIL: STORIES OF YESTERYEAR WITH MUSIC

*Is organized as part of: Curious interludes in the Val d'Arly*

🕒 6.30 pm 📍 Au village - Chemin des Nants

Sit down by the fire and let us tell you the stories of our ancestors... Get ready for an evening full of stories and music. It's also an opportunity to share a tasty bowl of lumberjack soup. Total immersion guaranteed!

€ Free of charge.

Bring warm clothing and torch if possible. Indoors in case of bad weather

*You must register by 6.00 p.m. the day before.*

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## CONFÉRENCE VIGNES ET VINS DE SAVOIE

*Is organized as part of: Savoie High Valleys Art and History Region*

🕒 8.0 pm 📍 Notre-Dame-de-Bellecombe - Salle polyvalente

€ Free of charge.

👤 From 18 years old

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## THURSDAY 21 MARCH

### GUIDED SNOWSHOE : COL DES ARAVIS, AMAZING VIEWPOINT OVER MONT-BLANC.

🕒 9 am-12 am 📍 Col des Aravis

Beautiful snowshoe hike with a glimpse of Mont-Blanc, the history of Reblochon cheese and observation of chamois, ibex, birds of prey...

€ Adult: 27 € - Child (7-11 years old) : 23 €

👤 From 7 years old

Equipment: warm clothing, gloves, "après-ski" shoes such as snow boots or large hiking boots, sunglasses and sun cream, backpack with water and small snacks. Snowshoes and poles are not provided.

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### PRECISION CHALLENGES

🕒 10 am-12 am 📍 Halle du Musée

Our host Julien has put together a variety of precision mini-games for you. Come and try your luck to win prizes.

€ Free of charge.

*Registration by 6.00 p.m. the previous day at the latest*

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## FRIDAY 22 MARCH

### GUIDED TOUR OF THE VILLAGE, THE CHURCH AND OF THE MUSEUM

🕒 10 am-12 am 📍 Office de Tourisme

Follow in the footsteps of history during this guided tour of the village of La Giétaz with Henri, tour guide. A visit to the church will open the doors to baroque art, an art deeply rooted in the high alpine valleys, surprising, educational ... Unforgettable. Visiting the museum will teach you more about life in the past.

€ Adult: 1.5 € Access to the museum

*Registration no later than 6:00 p.m. the day before*

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Public holidays : 10 a.m. to 12 p.m. and 3 p.m. to 6 p.m.



## BRICO ORIGAMI

 10 am-12 am  Salle Vittoz

Come and discover the art of folding with our instructor Julien. You'll be able to create an arrangement of flowers that will never wilt.

 Free of charge.

 From 6 years old

*Registration by 6.00 p.m. the day before at the latest*

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## 7 FAMILIES GAME "SPECIAL HERITAGE"

 3 pm-5.30 pm  Salle Vittoz

Come with the family and discover the heritage of La Giettaz in a fun way during a game of 7 families bringing together different themes: built heritage, religious, natural, around water, fauna, flora, gastronomy ...

 Free of charge.

 From 4 years old

Presence of parents required

*Registration by 12.00 noon on the same day*

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## SATURDAY 23 MARCH

### SKI TOURING DISCOVERY OUTING

 9 am-12 am  Place du Croisse-Baulet, Le Plan

Go with the ESF to discover fabulous landscapes, where no one goes. No challenge to take up, no competitive spirit... Progressing towards the summits, absolute calm, returning to the powder snow... True freedom! Ski touring outings are also possible on other days, on request. Other days available on request.

 Adult: 61 €

Equipment not provided - Subject to snow and weather conditions

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## ACTIVITIES ALL WEEK LONG

**Paragliding experience:** Samuel, a state-qualified instructor, will take you on a first flight over the Aravis mountains in a paraglider! He'll show you La Clusaz from the air in a tandem paraglider! *Price: from €65 to €135 - Public: from 20 to 110 kg - Bookings: +33 (0)6 88 07 04 72*

**Laser Challenge with the ESF:** Test your skill and concentration with a laser rifle with your family or friends on our running course. These (safe) laser rifles give you all the complex sensations that combine agility and the calm of shooting. *Price: €20 - Public: 7 years and over - Bookings: +33 (0)4 79 32 91 25*

**Sled 4S :** Discover the new 4-season sledge from Le Jaillet in the Les Portes du Mont Blanc ski area, a must-see attraction in the heart of Megève! Megève (Jaillet). *Open every day from 2 pm to 6 pm (depending on weather conditions) - Prices: 1 run €8.50 - 6 runs €42*

**"Le Basté" wellness area at La Destière:** The "Le Basté" wellness area is a luxurious and refined refuge. The SPA team is delighted to welcome you to its world of pampering! Jacuzzi, hammam, sauna, massages, facials... Open to all! *Au Plan: Appart'Hôtel La Destière at the foot of the slopes - Rates: Hammam, sauna, jacuzzi: €18.50 per hour, Massage: €93 per hour and €49 per half-hour - Booking essential: +33 (0)4 79 32 92 71*

**Sale and visit to the Gardette farm:** On-farm production and sale of Reblochon and Tomme cheese. Sale of Savoie wine, jam and honey. Free visits at milking time around 5pm. *Free - Information: +33 (0)4 79 32 91 00*

**"Il était une bergère" farm sale and visit :** Production of farmhouse ewe's milk cheese and yoghurt: petits frais, fromage frais, fromage blanc, faisselle, tomette, yoghurt. Self-guided tours. Sales at the Violettes farm. *Free - Information: +33 (0)6 07 77 14 30*

**Board games for hire:** Board games for hire from the Tourist Office: Scrabble, Monopoly, Cluedo, Trivial Pursuit, card games, etc. *Price: €2.00 / day / game + €20 deposit - Public: for the whole family*

\* Programme subject to change depending on weather and snow conditions.

## Shop at the Tourist Office

"La Giettaz" items for sale: mugs, insulated bottles, cutting boards, bookshop...



FREE

# VAL D'ARLY.

by Papajosette  
Street Art Festival  
from 3rd to 7th March

 RADIO  
MONTBLANC

 2.0

INFO AND SCHEDULE IN YOUR TOURIST OFFICE

  
SAVOIE ■ MONT-BLANC

  
Mon beau  
VILLAGE  
  
Station Awie

  
LA GIETTAZ  
en Aravis

  
VILLES  
& PAYS  
D'ART &  
D'HISTOIRE

  
LE SON POP-ROCK

  
QUALITÉ  
TOURISME