

FROM 2/7/26 TO 2/13/26



**THIS WEEK**  
à Crest-Voland / Cohennoz

Our  
Favourite ❤

MARKET OF PRODUCERS  
AND CRAFTSMEN

THURSDAY 12 FEBRUARY



## BIENVENUE À CREST-VOLAND / COHENNOZ



Your Crest-Voland / Cohennoz resort has the Famille Plus label.

Through this label, the station undertakes in particular to promote entertainment for the whole family. The "Family Plus" pictogram will  help you find them in this programme.

Crest-Voland Cohennoz has just been officially awarded the Flocon Vert label!



This label highlights the work carried out by the resort to promote ecological, economic, social transition and sustainable development.

Awarded to destinations working towards an ecological transition, this label is the culmination of a real collective effort to highlight and promote the sustainable initiatives of the region and its players.

## TABACCO-FREE AREA

Starting this winter, all French ski resorts will become smoke-free areas. This national change aims to protect everyone's health. Smoking is now prohibited:  
on the ski slopes, in queues, and on all ski lifts (including chairlifts).

## THE « PETITS PRINCES » TORCHES



Electronic torches are back on sale in our offices! So you can parade around the resort in the evening, or take to the slopes at Tovats or Prarian during the children's torchlight descent... come and get your torch! On sale for €3.50 (€0.50 goes to the Association "Petites Princes", set up in 1987 to make the dreams of seriously ill children and teenagers come true).

## TOURISM QUALITY APPROACH

As part of our quality approach, we invite you to complete a satisfaction questionnaire in order to improve our services.



## CODE OF RESPECT FOR NATURE

Stay on the marked snowshoe trails. Do not feed wild animals. Let's respect the mountain and keep it clean.

## DOG POOP

In order to leave our station clean and for the well-being of all, please pick up your dog droppings. Bag dispensers are available at the Maison de Crest-Voland, in the Logère car park, at the Crest fountain and on the chemin de Bostu.

## LEGENDE



Recommended for rainy weather



Accessible in a wheelchair



Special for families with children.

Under no circumstances can these activities be likened to an activity centre. The children are not under the responsibility of the Val d'Arly Tourist Office and remain the responsibility of the parents. La responsabilité des parents.



Family Extra

Follow us on :



Crest-Voland Cohennoz Tourisme  
@crestvoland\_cohennoz  
#valdarly #crestvoland #cohennoz



ValdArlyMtBlanc  
MrValdarly

## ACTIVITIES ALL WEEK

### CRAZY FAMILY PHOTO "SPÉCIAL ST VALENTIN"

📍 Office de Tourisme

With family or friends, go on an adventure through the village to complete a list of challenges. You will need to be original to take the photos with well-defined. Fun guaranteed!

€ Free of charge.

👤 From 5 years old

Parents must be present - Deposit sheet available from the Tourist Office



### EXPOSITION AQUARELLES CHRISTEL

📍 CERRUTI

📍 Office de Tourisme du Val d'Arly - Bureau de Crest-Voland

Cohennoz

The magic of water and pigments is what fascinates Christel Cerruti, a watercolour painter. Throughout the week, visit her watercolour exhibition at the tourist office. Take this colourful journey and discover her warm and peaceful world.

€ Free access.

📞 +33 (0)4 79 31 62 57

### JEU CONCOURS COMPTEZ LES OURS EN PELUCHE

📍 Village Centre

Count the teddy bears on the facades of the teddy bear house in the centre of the village of Crest-Voland, next to the church. Watch out for traps! Great gifts to be won with Art'cado, Le comptoir des sommets and L'arrêt bognette.

€ Free of charge.

Game valid all week. Entry forms to be collected and returned to the Art'cado shop, draw on Friday morning.

📞 +33 (0)4 79 31 62 57

### TREASURE HUNT: 'RACLETTE RUN - THE TARTIFLETTE STRIKES BACK'

📍 Throughout village

All new! A real interactive treasure hunt with funny characters all season long! Your mission, if you accept it, will be to find and flash the 8 Tartiflette escapees with your smartphone. They're hiding in the resort, in shopkeepers, restaurants, etc. They may also be on the move... You need to keep an eye out for them, as their aim is to move around and find new hiding places...

A national prize draw will be held at the end of the season, with substantial prizes (telephone, games consoles, raclette machines, gift cards, etc.).

It's up to you!

€ Free of charge.

📞 +33 (0)4 79 31 62 57

### HUNTING THE GOON RABBITS

📍 Office de Tourisme du Val d'Arly - Bureau de Crest-Voland

Cohennoz

20 Rabbits are hiding in the whole resort. Equipped with a roadmap, a map and your smartphone, you will have to capture as many as possible and discover the magic formula to receive a gift. With Lucas, resort host.

€ Free of charge.

👤 From 6 years old

Parents must keep an eye on children during the activity.

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## SUNDAY 8 FEBRUARY

### WELCOME DRINK ★&



⌚ 6 pm

📍 Salle polyvalente

Discover the entertainment and activities of the week with Lucas. A glass of "Grog à l'Elixir Végétal" will be offered to you by the Val d'Arly Tourist Office.

€ Free of charge.

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## MONDAY 9 FEBRUARY

### INTRODUCTORY SNOWBOARDING SESSION

⌚ 5 pm

📍 Tovats or Cernix snow front

Come and learn how to snowboard during this special introductory lesson with the ESF.

€ One price: 22 €

👤 From 7 years old

📞 +33 (0)4 79 31 21 07 - +33 (0)4 79 31 70 85



### THE GREAT GAME OF LOVERS

*Is organized as part of: Valentine's Day in Val d'Arly*

⌚ 10 am-11.30 am

📍 La Logère snow front

As a couple, come and compete in this great Valentine's Day game, around an entertaining cocktail. With Lucas, who loves you very much. Nice prizes to be won for lovers, with the participation of your favorite merchants!

€ Free of charge.

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### VINYASA DYNAMIC YOGA PRACTICE WITH LARA

⌚ 6.30 pm

📍 Salle Polyvalente

Vinyasa yoga class with Lara, come and practice yoga dynamically.

€ Adult: 15 €

👤 From 15 years old

📞 +33 (0)6 63 21 38 88

### TATTOO PARTY ☀️

⌚ 9.30 pm

📍 Pub bar Le Downhill

Come and get a tattoo with Freaks Tattoo, who offers small tattoos of his own design! You can also ask him for customised tattoos.

📞 +33 (0)4 79 32 84 47

## TUESDAY 10 FEBRUARY

### AQUARELLES WORKSHOP FOR VALENTINE'S DAY



⌚ 10 am

📍 Salle Polyvalente

Watercolour painter Christel Cerruti invites you to a watercolour workshop on the theme of Valentine's Day. Come and decorate your own personalised bookmark, with or without a Valentine!

€ One price: 10 €

👤 From 8 years old

Limited to 10 pers.

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### “TÊTE DE MULE” SHOW ☀️

⌚ 6 pm

📍 Flumet - Salle polyvalente de Flumet

The Tourist Office presents its new show, produced by the theatre company 'En Visite Simone' Flambeur is a mule from Flumet who thinks he is the most beautiful creature on the planet. Through his adventures, you will be immersed in the history of the Val d'Arly and the mule breed, an essential part of our valley's heritage. Songs, adventures and manes... always inspired by true stories.

€ Free access.

👤 From 6 years old

📞 +33 (0)4 79 31 61 08

## "THE HISTORY OF SKIING" TORCHLIGHT DESCENT ★



⌚ 6.30 pm

📍 La Logère snow front

Come along to a show dedicated to the history of skiing, put on by ski instructors from the ESF and admire as they snake down the slope, torches in hand. Firework. Then enjoy a glass of mulled wine!

€ Free of charge.

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## APITHERAPY DISCOVERY WORKSHOP ⚡

📍 La Casa Flowner

Morgane and Delphine invite you to discover the benefits of honeybee treasures. You will be offered a hand self-care treatment and sent a hand cream at the end of the workshop. A moment for yourself thanks to the magic of bees!

€ One price: 25 à 30 €

👤 From 10 years old

Limited to 6 pers.

📞 +33 (0)6 69 02 91 21

## WEDNESDAY 11 FEBRUARY

### TRACKER EXPERIENCE

⌚ 8.20 am

📍 At the bottom of La Logère cable car

Meet in the early morning for the opening of the slopes: a unique opportunity to make your first track with the ski patrollers and to discover their profession!

€ Free of charge. See terms and conditions with the Tourist Office.

👤 From 18 years old

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## CREATIVE WORKSHOP: BUILD YOUR OWN WOODEN CABLE CAR! ⚡



⌚ 10 am

📍 Salle Polyvalente

Assemble and decorate your wooden cable car scene in the shape of a cable car. You can then personalise it by colouring it and adding accessories to suit your style! With Lucas, resort host.

€ Full price: 10 €

👤 From 4 years old

Presence of parents mandatory.

*Registration required by 6pm the day before. Presence of parents required.*

Limited to 10 pers.

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## ECOMUSEUM OF COHENNOZ ★



⌚ 2 pm-5 pm

📍 Mairie de Cohennoz

Discover this unique collection of miniature mountain tools and traditional local objects. Not to be missed, the interactive displays give an idea of the alpine flora and fauna to be found in the mountains.

€ Adult: 2.5 € - Child (6 years old) : 2 €

📞 +33 (0)4 79 37 33 82

## ARROW TEST ★

⌚ 2.30 pm

📍 Stade de slalom

Try the arrow test. Each event will award you according to your performance a number of Skiopen points and at the end of the season your place in the national ranking will be determined.

€ One price: 9 €

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## ATELIER BOUGIES AND SUPPORT



⌚ 3 pm-5 pm

📍 La Casa Flowner

Morgane and Karine offer a candle-making workshop and quick support to answer all your questions.

Come and enjoy a moment filled with simplicity and kindness. Leave feeling enlightened and more at peace!

€ One price: 25 €

👤 From 10 years old

📞 +33 (0)6 69 02 91 21

## PEDAL BOAT ACTIVITY AT CERNIX



⌚ 3.30 pm-5.30 pm

📍 Place du Cernix

Pedal to win!

Nostalgic for the radio-controlled cars of our childhood? The concept here is very similar, except that you will have to pedal to move your cars forward. The more you pedal, the more you accelerate. May the best win !

€ Free of charge.

👤 From 6 years old

15 minute slot per family

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## INTRODUCTORY SNOWBOARDING SESSION

⌚ 5 pm

📍 Tovats or Cernix snow front

Come and learn how to snowboard during this special introductory lesson with the ESF.

€ One price: 22 €

👤 From 7 years old

📞 +33 (0)4 79 31 21 07 - +33 (0)4 79 31 70 85

## AFTER-SKI PAMPERING BY PURE ENERGY

⌚ 6 pm

📍 Centre village

Nancy will come to your accommodation to give you a Renata França lymphatic drainage treatment, an exclusive manual therapy that provides immediate well-being. Tailor-made yoga classes. Treat yourself to a moment of lightness after a day on the slopes.

€ Adult: 90 €

👤 From 18 years old

Limited to 1 pers.

📞 +33 (0)6 47 55 71 36

## CHILDREN'S TORCHLIGHT DESCENT TO CERNIX ★



⌚ 6.15 pm

📍 Cernix snow front

To do as the instructors do, we offer a torchlight ski descent reserved for children, supervised by ESF instructors. Open to all children from the Flocon (snowflake).

Free hot chocolate

€ Free of charge. Torches available from the ESF at Le Cernix or the Tourist Office: 3.50€ (0.5€ sent to Les Petits Princes Association).

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## PILATES CLASSES WITH LARA 🙏

⌚ 6.30 pm

📍 Salle Polyvalente

Lara will guide you through a 45-minute pilates session that will strengthen your whole body, all in a great atmosphere! Open to all !

€ One price: 15 €

👤 From 18 years old

*Bookings can be made directly by telephone or text message.*  
Limited to 10 pers.

📞 +33 (0)6 63 21 38 88

## INTRODUCTION TO ASTROPHYSICS WITH SERGE ⚡

⌚ 9 pm-10.30 pm

📍 Salle Polyvalente

"Lots of stars? One lights our way, warms us, sustains life. We revolve around it.

And the others? - Since when? - Until when? - You say gravity?  
- Let's talk about it!

Bonus if the weather's nice: Let's look up!"

€ Free of charge.

👤 From 14 years old

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## THURSDAY 12 FEBRUARY

### CHOCO CHAUD MUSIC SHOW

⌚ 10.30 am

📍 La Logère cable car arrival point

Leave your skilift and join Lucas, our favorite host, for a little hot chocolate tasting at the top of the chairlift of le Cernix. The opportunity to indulge in food before your first descent.

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## ECOMUSEUM OF COHENNOZ ★ 🌟 &

⌚ 2 pm-5 pm

📍 Mairie de Cohennoz

Discover this unique collection of miniature mountain tools and traditional local objects. Not to be missed, the interactive displays give an idea of the alpine flora and fauna to be found in the mountains.

€ Adult: 2.5 € - Child (6 years old) : 2 €

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## TEST CHAMOIS SMALL STAKES ★

⌚ 2.30 pm

📍 Stade de slalom

Try the Chamois in special slalom. Each event will award you according to your performance a number of Skiopen points and at the end of the season your place in the national ranking will be determined.

€ One price: 9 €

📞 +33 (0)4 79 31 60 03

## WASTE REDUCTION STAND AND WORKSHOPS ❤️ WITH SITOM &

*Is organized as part of: Market of producers and craftsmen*

⌚ 3 pm-5 pm

📍 Salle Polyvalente

Stand on sorting and reducing waste and DIY workshops tawashi (transformation of socks into durable sponges, to replace disposable sponges) and bee-wrap (reusable food packaging made from fabric and beeswax).

€ Free entry.

👤 From 7 years old

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## MARKET OF PRODUCERS AND CRAFTSMEN ❤️

⌚ 3 pm-7 pm

📍 Salle Polyvalente

Meet our local producers, artisans, and creators who will introduce you to their products and expertise. A warden from the Regional Nature Reserve will be on hand to offer nature-themed games.

€ Free access.

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## CONCERT AVEC LE GROUPE DUO BLUE &

*Is organized as part of: Market of producers and craftsmen*

⌚ 3 pm-7 pm

📍 Salle Polyvalente

Duo Blue returns to liven up the market with their international covers. A captivating voice accompanied by guitar.

€ Free of charge.

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## LE GRAND JEU DE LA MONTAGNE

⌚ 4 pm

📍 Devant l'office de tourisme

€ Free of charge.

👤 From 12 years old

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## SNOWBOARD INTRODUCTION

⌚ 5 pm

📍 Tovats snow front

Snowboard initiation, information and registration at Dumoulin Sports.

€ One price: 22 €.

👤 From 7 years old

📞 +33 (0)4 79 31 77 79

## AFTER-SKI PAMPERING BY PURE ENERGY

⌚ 6 pm

📍 Centre village

Nancy will come to your accommodation to give you a Renata França lymphatic drainage treatment, an exclusive manual therapy that provides immediate well-being. Tailor-made yoga classes. Treat yourself to a moment of lightness after a day on the slopes.

€ Adult: 90 €

👤 From 18 years old

Limited to 1 pers.

📞 +33 (0)6 47 55 71 36

## NIGHT SKIING ON THE ILLUMINATED SLOPE OF THE PETITS CHAMPIONS



⌚ 6 pm-8 pm

📍 Petits Champions skilift

Ski under the stars with the sound of a playlist selected by us!

€ Free entry for children under 5.

📞 +33 (0)4 79 31 62 57

## ATELIER BOUGIE D'INTENTION & APÉRO

⌚ 6.30 pm-8.30 pm

📍 La Casa Flowner

Take a moment for yourself and come and make your own 100% personalised candle with Morgane. Choose the container, the fragrance from Grasse, the type of wick, Bach flowers, stones and dried flowers.

€ One price: 60 €

👤 From 10 years old

Limited to 6 pers.

📞 +33 (0)6 69 02 91 21

## SAVOYARDE EVENING

⌚ 7 pm

📍 Restaurant Le Ski Gliss

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## KARAOKE NIGHT WITH DJ LUCAS

⌚ 9.30 pm

📍 Pub Bar Downhill

Come and sing your favourite hits during this karaoke night hosted by DJ Lucas !

€ Free entry.

📞 +33 (0)4 79 32 84 47

## FRIDAY 13 FEBRUARY

### EXCURSION TO MEGÈVE MARKET

⌚ 8.45 am-12 am

Discover the colorful market of Megève without taking the car thanks to the "Allo Dominique" taxis. Departure from le Cernix or Crest-Voland.

€ 100 for a round trip by taxi.

📞 +33 (0)6 71 97 57 72

## SNOW CULTIVATOR EXPERIENCE

⌚ 10 am-11 am

📍 Cernix snow factory

Do you know the job of snow farmer? Come to the Cernix snow factory to discover the secrets of artificial snow: its manufacture, its usefulness, the technology.

An activity offered by the SPL Domaine Skiable Crest-Voland Cohennoz.

€ Free of charge.

Limited to 10 pers.

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## MILKING COWS AT THE TROIS PETITS CŒURS



### FARM

⌚ 5 pm

📍 Chemin du Grand-Duc farm

Manufacture and sale of cheeses on the farm: Tomme, Beaufort, Reblochon and Tomme de vache, Monday to Saturday from 10:30 a.m. to 12:30 p.m. and from 2:30 p.m. to 6:30 p.m. - Sunday from 4 p.m. to 6:30 p.m. Free farm visit, Friday from 5 p.m.

€ Free of charge.

📞 +33 (0)6 75 13 90 92

## YIN YOGA WITH LARA



⌚ 6 pm

📍 Salle Polyvalente

Lara offers a yin yoga session, a gentle yoga practice.

€ One price: 15 €

👤 From 18 years old

*Bookings can be made directly by telephone or text message.*  
Limited to 10 pers.

📞 +33 (0)6 63 21 38 88

## READING AND PROJECTION OF OLD



### PHOTOGRAPHS



⌚ 7.30 pm-9 pm

📍 Salle Polyvalente

Thierry Verron (teacher and author from Savoie) presents his books highlighting local heritage and history: reading, screening of old photographs related to the book. Presentation followed by a book signing session with the author.

€ Free of charge.

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# ACTIVITIES ALL WEEK

## EQUIPEMENT

### CERNIX ICE RINK

Open during school holidays, Monday to Friday 3 p.m. to 7 p.m. €6/adult, €5/child, free for children under 5. Price includes entry, skates and helmet for children. Gloves required. Information on site or at the town hall.  
J 04 79 37 33 82

### SAFE SLEDDING TRACKS

⌚ Tovats and Cernix  
Free access under parental supervision

### CRESTVOLUGE

Get ready for a fun 2km-long descent, from the summit of Lachat to the center of the village of Crest-Voland. Sleds for rental in sports stores. Last departure at 4 p.m. You must equip yourself with a plastic sled equipped with 2 metal brake handles. Gloves and helmets are required. Ski boots prohibited. Prohibited for children under 5 years old. Children under 10 years old or 1m25 tall must be accompanied by an adult in the sled. Bring a valid ski pass.

### BIG AIRBAG

Open every day during school holidays Wednesdays, Saturdays and Sundays outside of school holidays. Open from noon to 4.15pm. Module located to the left of the La Logère cable car. Tokens available for purchase at the ski lifts.  
€ From 7,50€ for 3 tokens, 1 token = 1 jump.  
J 04 79 31 70 33

### MARKED SNOWSHOE AND SKI TOURING CIRCUITS

Map on sale at the tourist office: €4 or on the free "Traces Alpine" application. Departures from Crest-Voland and Cernix towards Mont-Lachat.

### NORDIC SKIING

Free loop (1km) and access to the Olympic domain (120km) at Mont Lachat. Subject to snow conditions.  
⌚ Access by car (5km) or chairlift (Cernix or Logère).

### PASSERELLE DES VARDACHES

A fun course, perched and so funny when we put ourselves in the shoes of our Lachat vardaches.  
Free access.

### ILLUMINATION OF THE CHURCH

Every evening enjoy the illumination of the church and its colorful stained glass windows.

### AIRE DE JEUX DU CERNIX

⌚ La nouvelle aire de jeu avec un chamois géant et des jeux pour enfants à votre disposition au niveau de la place du Cernix.

## WELLNESS

### SPA DES CIMES

Massages, facials and body treatments, jacuzzi, sauna.  
J Hôtel le Mont-Charvin : 04 79 31 61 21

## ACTIVITY PROVIDERS

### PARAGLIDING BAPTISME

⌚ Summit of Mont-Lachat  
€80 for a two-seater flight

### LASER GAME IN THE HEART OF NATURE

⌚ Terrain des Praz ⚡ From 10 years  
J 06 07 96 90 72

### SNAKE GLISS (collective sledding)

ESF supervision. Helmet required. Plan a package currently valid.

⌚ Open every day when the slopes close  
€ Single price 12€  
J Skiset sports store: 04 79 31 60 89

### SNOW YOGA

Outdoor yoga classes, to enjoy the benefits of the cold weather and admire the beauty of the snow-capped mountains. Equipment provided, just bring comfortable, warm clothing. Meet at Lake Cernix on Tuesdays from 11am to 12pm.  
€ 15€ per person (15 and over) and 10€ for children.  
J Lara at 06 63 21 38 88 - Instagram : larayogafunky

### HOME COACHING WITH CHAMOIS FITNESS

Whether you want to get back in shape or improve your physical performance, Coach Caro will design tailor-made sessions that suit YOU and will support you throughout your training programme from start to finish.

J Coach Caro at 06 04 15 16 61

### COURS DE PILATES AVEC JOY

Authentic Pilates floor classes with Joy, in small groups of 3 to 4 people. Open to all!  
€ 25€ for 1 hour.

J Joy at 06 17 56 65 49



## SERVICES AND COMPETITIONS



### BOARD GAMES RENTAL

⌚ At the Tourist Office  
€ 2€/day/game. Deposit €20/games

### SALE OF TORCHES

⌚ At the tourist office and the Cernix annex  
€ 3.50€ (0.50€ donated to the Little Princes association).

### GROOMING EXPERIENCE

Win a snow groomer ride with the SPL Crest-Voland  
⌚ Registration at the tourist office and the Cernix annex  
⚠ Draw every Wednesday.  
J 04 79 31 62 57 ⚡ Reserved for adults over 18 years old

FREE

POSTER BY RUSS



festival

# VAL D'ART LY

StreetArt

by Papajosette  
Street Art Festival  
from 2nd to 5th March



INFO AND SCHEDULE IN YOUR TOURIST OFFICE

