

FROM 3/16/24 TO 3/23/24



THIS WEEK
à Crest-Voland / Cohennoz

*Our
Favourite* 

EXPOSITION JULIE COCATRIX

SATURDAY 16 MARCH



BIENVENUE À CREST-VOLAND / COHENNOZ



Your Crest-Voland / Cohennoz resort has the Famille Plus label.

Through this label, the station undertakes in particular to promote entertainment for the whole family. The "Family Plus" pictogram will ★ help you find them in this programme.



Crest-Voland Cohennoz has just been officially awarded the Flocon Vert label!

This label highlights the work carried out by the resort to promote ecological, economic, social transition and sustainable development.

Awarded to destinations working towards an ecological transition, this label is the culmination of a real collective effort to highlight and promote the sustainable initiatives of the region and its players.

TABACCO-FREE AREA



This winter 2024, the resort, in partnership with La Ligue Contre le Cancer (the French League against Cancer), is proposing tobacco-free areas on the Tovats, Logère and Cernix snowfronts for the 2nd year.

THE « PETITS PRINCES » TORCHES



Electronic torches are back on sale in our offices! So you can parade around the resort in the evening, or take to the slopes at Tovats or Prarian during the children's torchlight descent... come and get your torch! On sale for €3.50 (€0.50 goes to the Association "Petites Princes", set up in 1987 to make the dreams of seriously ill children and teenagers come true).

TOURISM QUALITY APPROACH

As part of our quality approach, we invite you to complete a satisfaction questionnaire in order to improve our services.



CODE OF RESPECT FOR NATURE

Stay on the marked snowshoe trails. Do not feed wild animals. Let's respect the mountain and keep it clean.

DOG POOP

In order to leave our station clean and for the well-being of all, please pick up your dog droppings. Bag dispensers are available at the Maison de Crest-Voland, in the Logère car park, at the Crest fountain and on the chemin de Bostu.

LEGENDE



Recommended for rainy weather



Accessible in a wheelchair



Special for families with children.

Under no circumstances can these activities be likened to an activity centre. The children are not under the responsibility of the Val d'Arly Tourist Office and remain the responsibility of the parents. la responsabilité des parents.



Family Extra

Follow us on :



Crest-Voland Cohennoz Tourisme



@crestvoland_cohennoz
#valdarly #crestvoland #cohennoz



ValdArlyMtBlanc



MrValdarly

ALL WEEK

EXPOSITION JULIE COCATRIX

Is organized as part of: Street Art Festival

🕒 9 am-6 pm 📍 Office de Tourisme du Val d'Arly - Bureau de Crest-Voland Cohennoz

Julie Cocatrix, artist and designer, shapes objects, sculptures and drawings. Her free and expressive approach explores a visual vocabulary that favours round, sensual shapes. Through a subtle interplay of confrontations, encounters and superimpositions, the forms of her creations come alive, become denser and juxtaposed, offering an artistic experience imbued with mystery and poetry.

Julie's working methods and research transcend the boundaries between art and craft, object and sculpture. These works reflect her dynamic, urban artistic universe. For the Street Art festival, she will be unveiling a series of pastel drawings, a unique textile piece, and the "Animalités Dansantes" collection of vases in Limoges porcelain.

☎ +33 (0)4 79 31 62 57

SATURDAY 16 MARCH

AFTER-SKI PARTY AT MAZOT

🕒 4.0 pm 📍 194, route des Moulins

Every Saturday, Après-Ski Party at Mazot with DJ Set. Spritz bar and aperitif boards.

€ Free entry.

☎ +33 (0)7 83 83 70 56

SUNDAY 17 MARCH

WELCOME DRINK

🕒 6.0 pm 📍 Salle polyvalente

Welcome drink with tasting of "Blanc Chaud" offered by the Tourist Office.

Find out more about the week's events and activities.

€ Free entry.

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MONDAY 18 MARCH

MÖLKKY WITH LEON

🕒 3.0 pm 📍 Place du Cernix

Come and discover this Finnish bowling game and show us your throwing skills in order to win against your opponents.

€ Free of charge.

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INTRODUCTORY SNOWBOARDING SESSION

🕒 5.0 pm 📍 Front de neige des Tovats ou Cernix

Come and learn how to snowboard during this special introductory lesson with the ESF. .

€ One price: 20 €

👤 From 7 years old

☎ +33 (0)4 79 31 21 07 - +33 (0)4 79 31 70 85

MOUNTAIN CINEMA "LE GRAND MARAIS" LA RÉSERVE NATURELLE RÉGIONALE

🕒 5 pm-6 pm 📍 Salle Polyvalente

Come and discover this exceptional environment that is the Tourbière des Saisies. Through the camera and the expert eye of directors and naturalists Clara and Thibaut Lacombe.

€ Free of charge.

☎ +33 (0)4 79 31 62 57

CREST VOLAND LENDING LIBRARY

🕒 5 pm-6.30 pm 📍 72, Chemin Des Crôes

Lending library (in partnership with the regional library), books loaned in return for deposit. All types of books, including cartoons, novels, books for adults and children... Located in the village centre in the former buildings of Ste Jeanne school.

€ Free of charge

☎ +33 (0)4 79 37 14 70

YOGA WITH LARA

🕒 6.30 pm-7.30 pm 📍 Salle Polyvalente

Lara offers yoga classes for everyone. Let yourself be guided through a moment of pure well-being.

€ One price: 15 €

👤 From 18 years old

Bookings can be made directly by telephone or text message. Limited to 10 pers.

☎ +33 (0)6 63 21 38 88

TUESDAY 19 MARCH

SNOW BIKE (SKIBOB) INTRODUCTION

🕒 2.30 pm 📍 Front de neige des Tovats ou Cernix

Come and trial a skibob (or skibike) during an introductory lesson supervised by the ESF. Information and bookings at Béro Sports : 04 79 31 70 85 / 04 79 31 21 07 (book at least the day before – 4 people minimum).

€ One price: 35 €.

👤 From 7 years old

Limited to 8 pers.

☎ +33 (0)4 79 31 21 07 - +33 (0)4 79 31 70 85

SNOWBOARD INTRODUCTION

🕒 5.0 pm 📍 Aux Tovats

Snowboard initiation, information and registration at Dumoulin Sports 04 79 31 77 79

€ One price: 20 €

👤 From 7 years old

☎ +33 (0)4 79 31 77 79

BAROQUE-THEMED ACTIVITIES WITH THE FONDATION FACIM



Is organized as part of: Savoie High Valleys Art and History Region

🕒 5.30 pm-6.30 pm 📍 Saint-Nicolas-la-Chapelle - Eglise

Saint Nicolas la Chapelle

Welcome to the Baroque church of St Nicolas la Chapelle: in the company of a guide-lecturer, retrace the history of the monument and discover the artistic techniques used, thanks in particular to a case presenting the tools of Baroque art.

€ Free of charge.

👤 From 10 years old

Meet at the Church of Saint Nicolas la Chapelle. Reservations must be made before midday on the day of the event.

Limited to 30 pers.

☎ +33 (0)4 79 31 61 08

WEDNESDAY 20 MARCH

TRACKER EXPERIENCE

🕒 8.20 am 📍 Au pied du télésiège de la Logère

Rendezvous in the early morning for the opening of the slopes: a unique opportunity to make your first track with the ski patrollers and to discover their profession!

€ Free of charge. See terms and conditions with the Tourist Office. Limited number of places.

👤 From 18 years old

☎ +33 (0)4 79 31 62 57

ECOMUSEUM OF COHENNOZ ★ 🌂 ♿

🕒 2 pm-5 pm 📍 Mairie de Cohennoz

Discover this unique collection of miniature mountain tools and traditional local objects. Not to be missed, the interactive displays give an idea of the alpine flora and fauna to be found in the mountains.

€ Adult: 2.5 € - Child (6 years old) : 2 €

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€ Free of charge

☎ +33 (0)4 79 37 14 70

FIRESIDE VIGIL: STORIES OF YESTERYEAR WITH MUSIC

Is organized as part of: Curious interludes in the Val d'Arly

🕒 6.30 pm 📍 La Gieltaz - Le Plan

Sit down by the fire and let us tell you the stories of our ancestors... Get ready for an evening full of stories and music. It's also an opportunity to share a tasty bowl of lumberjack soup. Total immersion guaranteed!

€ Free of charge.

Indoors in case of bad weather

You must register by 6.00 p.m. the day before.

☎ +33 (0)4 79 32 91 90

YOGA WITH LARA

🕒 7.30 pm-8.30 pm 📍 Salle Polyvalente

Lara offers yoga classes for everyone. Let yourself be guided through a moment of pure well-being.

€ One price: 15 €

👤 From 18 years old

Bookings can be made directly by telephone or text message.

Limited to 10 pers.

☎ +33 (0)6 63 21 38 88

THURSDAY 21 MARCH

MORNING YOGA WITH LARA

🕒 9.30 am-10.30 am 📍 Salle Polyvalente

Lara offers Yoga classes accessible to all. Let yourself be guided into a pure moment of well-being.

€ One price: 15 €

👤 From 18 years old

Limited to 10 pers.

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ECOMUSEUM OF COHENNOZ

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Limited to 8 pers.

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INTRODUCTION TO PONY SLEDGING

🕒 2.30 pm-4.45 pm 📍 Aire de Jeux de la Logère

The Equestrian Farm "Le Cheval de Feug" offers children the opportunity to discover this new activity. The little ones will enjoy discovering sliding sensations in an adapted sled, towed by a little pony eager for caresses!

€ One price: 10 € Duration: 15 min. From 3rd ticket €8

per ticket. Registration required.

👤 From 1 to 10 years old

Booking via the Crest-Voland Cohnenoz Tourist Office

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SNOWBOARD INTRODUCTION

🕒 5.0 pm 📍 Aux Tovats

Snowboard initiation, information and registration at Dumoulin Sports 04 79 31 77 79

€ One price: 20 €

👤 From 7 years old

☎ +33 (0)4 79 31 77 79

CONFÉRENCE VIGNES ET VINS DE SAVOIE

Is organized as part of: Savoie High Valleys Art and History Region

🕒 8.0 pm 📍 Notre-Dame-de-Bellecombe - Salle polyvalente

€ Free of charge.

👤 From 18 years old

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FRIDAY 22 MARCH

EXCURSION TO MEGÈVE MARKET

🕒 8.45 am-12 am

Discover the colorful market of Megève without taking the car thanks to the "Allo Dominique" taxis

€ Dependent on number of participants.

☎ +33 (0)6 71 97 57 72

Tourist Office open Monday to Saturday : 9 a.m. to 12 p.m. and 2 p.m. to 6 p.m.

Sunday : 9 a.m. to 12 p.m. and 3 p.m. to 6 p.m.

Cernix Annex Office : Monday to Friday : 9am to 12.30pm and 3.30pm to 5.30pm / Saturday and Sunday : 9am to 12.30pm and 2.30pm to 5.30pm



SNOW CULTIVATOR EXPERIENCE

🕒 10 am 📍 Usine à Neige du Darbelots

Come visit the Cernix snow factory and discover the secrets of artificial snow: its manufacture, its use, the technology.

€ Free of charge.

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MILKING COWS AT THE TROIS PETITS CŒURS

FARM

🕒 5.0 pm 📍 Ferme chemin du Grand-Duc

Manufacture and sale of cheeses on the farm: Tomme, Beaufort, Reblochon and Tomme de vache, Monday to Saturday from 10:30 a.m. to 12:30 p.m. and from 2:30 p.m. to 6:30 p.m. - Sunday from 4 p.m. to 6:30 p.m. Free farm visit, Friday from 5 p.m.

€ Free of charge.

☎ +33 (0)6 75 13 90 92

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SATURDAY 23 MARCH

AFTER-SKI PARTY AT MAZOT

🕒 4.0 pm 📍 194, route des Moulins

Every Saturday, Après-Ski Party at Mazot with DJ Set. Spritz bar and aperitif boards.

€ Free entry.

☎ +33 (0)7 83 83 70 56

ACTIVITIES ALL WEEK

EQUIPMENT

SMALL FARMER EXPERIENCE AT THE CREST VOLAND EDUCATIONAL FARM

Every day from 4.30pm to 6pm (school holidays) or Wednesday, Saturday and Sunday (outside school holidays)

Fabrice, Magda and their children open the doors of their educational farm for you to discover their world as mountain farmers. Come and watch the cows being milked, find out how the animals are fed... and after all that effort, sample some of our region's delicious produce. And for the children, a nice hot chocolate.

Payment on site.

Reservations by text message before 12 noon on the day of the event:

📞 06 21 29 62 72

SAFE SLEDGE RUN

Tovats and Cernix.

Free.

Free access under parental supervision.

MARKED SNOWSHOE AND SKI TOURING CIRCUITS

10km loop.

Card on sale at the Tourist Office: **2.50€**

or on the free "Traces Alpine" application.

Departure from Crest-Voland and Cernix towards Mont-Lachat.

MULTI ACTIVITY LOOP

At the Crest.

Open to pedestrians, snowshoes, cross-country skiing, sledding.

NORDIC SKI

Free loop (1km) and access to the Olympic domain (120km) at Mont Lachat. Subject to snow conditions.

Access by car (5km) or chairlift (Cernix or Logère).

SEV'O NATURAL

Beautician, Masseur, Manicurist

📞 Sev' O Natural: 06 09 94 23 23

CIMES SPA

Massages, facial and body treatments, jacuzzi, sauna.

📞 Hôtel le Mont-Charvin: 04 79 31 61 21.

ILLUMINATION OF THE CHURCH

Every evening enjoy the illumination of the church and its colorful stained glass windows.

OUTDOOR PHOTO COURSE ON 70 YEARS OF THE STATION

Crest Voland and Cernix villages

2€ at the Tourist Office:

📞 Tourist Office: 04 79 31 62 57

PASSERELLES DES VARDACHES

Free access.

A fun journey, perched and so funny when you put yourself in the shoes of our Lachat vardaches...

At Mont Lachat

PANORAMIC BELVEDERE - MONT LACHAT

Free access.

The Mont Lachat Belvedere, culminating 8 meters above the ground, in the middle of the fir trees, a simply INCREDIBLE and UNIQUE view of the Mont Blanc massif, the Beaufortain and the Val d'Arly.

At Mont Lachat

ACTIVITY PROVIDERS

CLIMBING

Outdoor adventure course for adults and children: monkey bridge, zip lines...

📞 06 11 27 76 72 / 04 79 38 83 02.

Open every day at 10 a.m., 2 p.m.

SNAKE GLISS (collective sledding)

ESF supervision. Helmet required.

Bring a valid ski pass.

Single price **12€**

Open every day when the slopes close

📞 Skiset sports store: 04 79 31 60 89

PARAGLIDING BAPTISM

Summit of Mont-Lachat.

€70 for a two-seater flight.

📞 Patrick Bérode: 06 09 90 01 02.

TRAIL COURSES AND OUTINGS IN THE MOUNTAIN AND SKI TOURING

5th element.

All levels.

📞 Caroline Freslon: 06 62 79 97 08

SERVICES AND COMPETITION

BOARD GAMES RENTAL

At the tourism office.

2€ /day/game. Deposit **€20**/games

SALE OF TORCHES

At the Tourist Office and the Cernix Annex

3.50€ (€0.50 donated to the Little Princes association)

📞 Tourist Office : 04 79 31 62 57

GROOMING EXPERIENCE

Win a snow groomer ride with the SPL Crest-Voland
Registration at the Tourist Office and in the Cernix Annex.

Draw every Friday.

📞 Tourist Office : 04 79 31 62 57

Reserved for adults over 18 years old



ACCOMPANIED SNOWSHOE OUTINGS



SNOWSHOE OUTING 1/2 DAY

9 to 10 people - 22€ per person
7 to 8 people - 25€ per person
5 to 6 people - 35€ per person
3 to 4 people - 57€ per person
2 people - 85€ per person
Single person - 170€ per person

DAY SNOWSHOE OUTING

Group of 1 to 10
people - 280€



Equipment provided: snowshoes, poles
Transportation included for up to 8 people
Program adapted according to your desires and your level

APERO IN THE FOREST

Tuesday

Evening guaranteed from 8
people registered
Adult €45 / Child €25
(+5€ provision of
snowshoes)

FONDUE EVENING

Thursday

Evening guaranteed from 8
people registered
Adult €55 / Child €35
(+5€ provision of
snowshoes)

RESERVATIONS: CAROLINE FRESLON 06 62 79 97 08

ESF CREST-VOLAND SNOWSHOE OUTINGS

HALF-DAY AFTERNOON OUTINGS

Possibility of organizing morning outings (on request)

Price: **€27** per person

Snowshoe rental is not included in this rate.

RESERVATIONS: ESF CREST-VOLAND 04 79 31 60 03

OPENING HOURS

ESF Crest-Voland office

Open every day from 9 a.m. to 5:30 p.m.

ESF Cernix office

Open every day from 9 a.m. to 12:30
p.m. and from 1:30 p.m. to 5 p.m.



Bureau Montagne Artitude
Balades et randonnées en raquettes à neige
Réservation sur www.artitude-montagne.fr
Contact : Cédric 06.03.86.27.04



*Lundi 14 / 16h30 **Balade détente** (facile)*

Balade pour découvrir la raquette à neige, mise en jambe et détente dans la forêt du Lachat
RDV OT Crest Voland , prévoir vl (tarif : adulte : 25 € / pers, enfant - 12 ans : 18 €)

*Mardi 13h30 / 17h **Col des Aravis, un paysage alpin** (niveau moyen)*

Panorama sur la majestueuse chaîne du Mont Blanc, possibilité d'observer des chamois, tétras lyre...
et tout savoir sur l'histoire du reblochon...

Prévoir véhicule, RDV OT Crest Voland (tarif : adulte : 25 € / pers, enfant - 12 ans : 18 €)

*Mercredi 9h30 / 12h **Sur les traces de maître Renard** (niveau très facile)*

A la recherche des traces de vie dans la forêt du Lachat.. Leur fabuleuse adaptation à l'hiver....
RDV devant caisses des remontées mécaniques du Cernix, prévoir ticket piéton télésiège
(tarif : adulte : 25 € / pers, enfant - 12 ans : 18 €)

*Mercredi 13h30 / 17h **Sa majesté « le Mont Blanc »** (niveau moyen)*

Venez admirer le Mont Blanc depuis l'un des plus beaux points de vue du secteur.
Histoire des premiers hommes qui ont osé l'ascension du toit de l'Europe...

Prévoir véhicule, RDV OT Crest Voland (tarif : adulte : 25 € / pers, enfant - 12 ans : 18 €)

*Mercredi 17h30 / 21h30 **Balade nocturne en raquettes et fondue en refuge** (niveau facile)*

Forêt enchantée, clair de lune, partagez un moment d'exception autour d'une fondue au refuge du Lachat
RDV OT Crest Voland / Prévoir véhicule (tarif : adulte : 28 € / pers, enfant - 12 ans : 20 € / enf)

+ Repas à régler au restaurateur Tarif repas adulte : 30 € / enfant - 11 ans : 25 €

*Jeudi 13h30 / 17h **Alpages enneigés du Mont Bisanne** (niveau facile à moyen)*

Avec sa vue à 360°, nous aurons l'occasion d'observer Beaufortain, Chaîne des Aravis, Mont Blanc.
Et peut-être aurons-nous l'occasion d'observer tétras lyre, hermine, lièvre, renard...

Prévoir véhicule, RDV OT Crest Voland (tarif : adulte : 25 € / pers, enfant - 12 ans : 18 €)

FREE

VAL D'ARLY

by Papajosette
Street Art Festival
from 3rd to 7th March

RADIO
MONTBLANC

2.0

INFO AND SCHEDULE IN YOUR TOURIST OFFICE

